



Fairfield County Implants & Periodontics, PC

PRE-OPERATIVE INSTRUCTIONS FOR IV SEDATION

PROCEDURE LENGTH	1 hr 1 ½ hrs 2 hrs 2 ½ hrs 3 hrs Other: _____hrs
PRE-APPOINTMENT CARE	<p>1 week prior:</p> <ul style="list-style-type: none"><input type="checkbox"/> Abstain from smoking<input type="checkbox"/> If necessary <i>AND</i> cleared by physician, stop blood thinners (like Coumadin[®], Plavix[®], aspirin, Vitamin E, omega-3 fatty acids) <p>2 days prior:</p> <ul style="list-style-type: none"><input type="checkbox"/> Begin Arnica. Take 5 pellets 3x/day. <p>1 night prior:</p> <ul style="list-style-type: none"><input type="checkbox"/> <i>ONLY</i> if anxious, take prescribed sedative like Halcion[®] (triazolam 0.25 mg) <p>6 hours prior:</p> <ul style="list-style-type: none"><input type="checkbox"/> <i>DO NOT EAT OR DRINK</i> anything from this time on <i>WITH THE EXCEPTION OF MEDICATION</i>
MANDATORY	<ul style="list-style-type: none"><input type="checkbox"/> Take physician-prescribed medications as usual<input type="checkbox"/> Bring all medications WE PRESCRIBED to appointment<input type="checkbox"/> Wear loose, comfortable clothing with short-sleeves<input type="checkbox"/> Do not wear make-up<input type="checkbox"/> Shave facial hair if you can<input type="checkbox"/> <i>ARRANGE A RIDE</i> to and from the office

Please contact us anytime if you have any questions or concerns before or after your procedure. If you have any questions after hours, please call the office number (below) and follow the prompts. Thank you.